

## CampOUT! Parent/Caregiver Webinar – Resource List

### Films & podcasts

- CBC's They/Us: <https://www.cbc.ca/listen/cbc-podcasts/424-they-us>
- The Gender Diaries: <https://www.thegenderdiaries.com/podcast-gender-diaries>
- Beauty – A film that explores the lives of five gender-creative kids, each uniquely engaged in shaping their own sense of what it means to be fully human.  
<https://gem.cbc.ca/media/nfb/season-1/episode-1/38e815a-01257221359>

### Information & resources

- **Gender Spectrum** – Information, resources and tools for parents, family members, educators, providers, and support networks: <https://genderspectrum.org/>
- **MindMapBC** – A directory of LGBTQ2-affirming mental health services in BC
- **Foundry BC- Youth services and information:** <https://foundrybc.ca/foundry-pathfinder/>
- **Trans Care BC**
  - [Service Directory](#) – To find peer support groups near you.
  - [Navigating care and support](#) – To find information and resources.
  - [To contact Trans Care BC's Care Team:](#)
    - Phone: Toll-free (BC): 1-866-999-1514
    - Outside of BC or unable to call a toll-free number: 604-675-3647
    - Email: [transcareteam@phsa.ca](mailto:transcareteam@phsa.ca)
- **QMUNITY 2019 Queer Glossary** – [Terms and Definitions](#)
- Blog Post: *"An Introduction to Attraction: It's More Than Sexual"*  
<https://azejournal.com/article/2017/12/27/an-introduction-to-attraction-its-more-than-sexual>
- Student resource: *"Asexuality, Attraction, and Romantic Orientation"*  
<https://lgbtq.unc.edu/resources/exploring-identities/asequality-attraction-and-romantic-orientation>
- Printable Zine: *"Taking the Cake: an illustrated primer on asexuality:"*  
[https://acezinearchive.files.wordpress.com/2015/01/taking\\_the\\_cake\\_-\\_double\\_sided\\_printing\\_fixed.pdf](https://acezinearchive.files.wordpress.com/2015/01/taking_the_cake_-_double_sided_printing_fixed.pdf)
- A comprehensive list of [LGBTQ-friendly Crisis Lines](#) in BC has been put together by the [UBC SARAVYC](#) (Stigma and Resilience Among Vulnerable Youth Centre). For a list of LGBTQ-friendly Crisis Lines in all of Canada, click [here](#).
- [QCHAT](#) is an LGBTQIA2S+ peer support association that provides peer support and referral services to youth residing in British Columbia.