



# CampOUT! tips



**from your kids!**

What would you like your parents/caregivers to  
know/understand but would rather **NOT** teach/tell them?





# This isn't a phase!

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"My disability doesn't influence my gender identity"

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"Pronouns matter even if I don't dress the way you see gender"

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"You don't have to understand to be supportive"

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# "Love unconditionally"

We don't need to live by gender expectations and societies expectations!



"Respect  
your kid's boundaries  
about their identity"



"It's okay to grieve  
the loss of the child  
you once knew and to  
celebrate the child  
you now have"



"Listen  
when your kids do  
try to teach you"



# Trans folks have always been here!



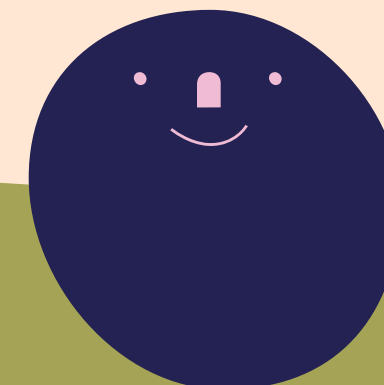
the youth also wanted their parents/caregivers to know that trans, non-binary, and two-spirit folks have been erased from history, especially through processes like colonization, so it may seem like trans folks are new and haven't existed before, but they/we have!

"I wish my parents would learn more about the experiences of others - being pushed to constantly provide them with different examples gives off the feeling that they don't feel like bothering to put in any effort to learn/understand"



## Google is your friend (AND friendship takes work!) :

- see if you can answer your questions before asking
- learn how the community has changed from when you were growing up
- learn things/terms as they might have different meanings than when you were young
- learn how to explain things to people that are confused about it
- look up 'first things to say when someone comes out to you.' My family's first words are the ones I remember the most!





# What **WOULD** you like them to ask you about?

- What is the best thing about being queer?
- How do I ask a person about their pronouns?
- How to ask “how do you identify?”
- What is ok to share and what is private?
- Which pronouns should I use when talking about you with your teacher, etc?



# Please Don't....

"A few things we don't  
find helpful/supportive"

Don't make it a big deal/phase/disease,  
just keep it chill!

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Don't out your kids, ESPECIALLY without  
their consent

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Don't blame me for not being what you  
expected me to be

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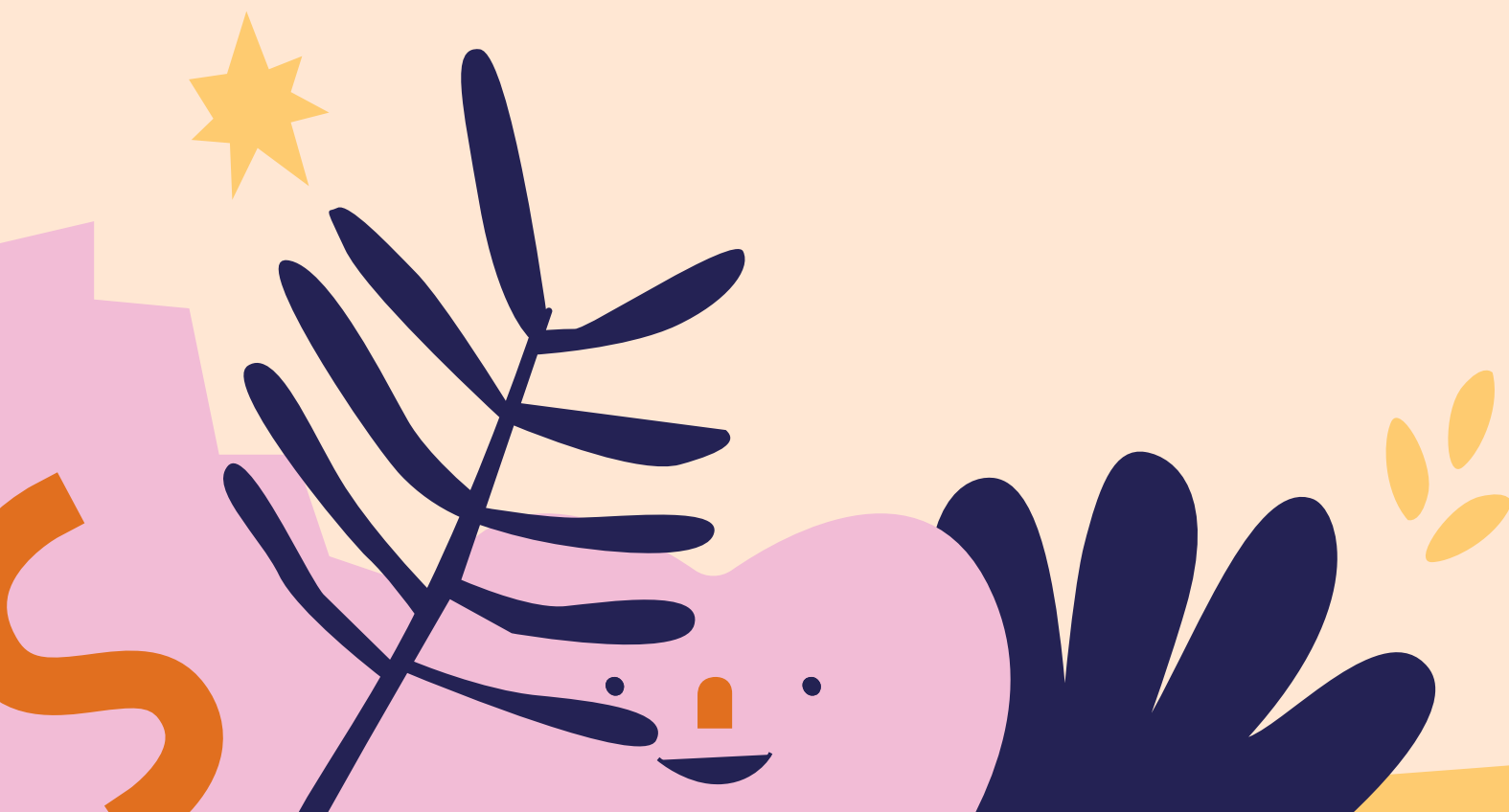
You don't have to change your beliefs but  
**DO acknowledge your reactions**

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Don't mistake ME as inconvenient...  
cis-sexism and heteronormativity are  
the problem

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"I wish they DIDN'T ask me if my friends  
and partners were out"







# Activity Time

Take a moment to think about any hopes and/or fears you have at this point in your parenting journey

We will share these on a group whiteboard and in the chat box to help guide this session







# Thank You For Attending!

What's next?

- Peer Support parent groups online
- CampOUT! VQFF Screenings!
- Keep in touch with each other
- We hope this session supports you in listening, learning, and being curious!