

# 2022 Camp Program

**Your trusty guide to navigating the CampOUT! experience!**



## CECUWATUL

*"tse-tsuw-ah-tul"*

HOLDING EACH OTHER UP

*We acknowledge that CampOUT! lives, learns, and breathes on the unceded, ancestral, and occupied, traditional lands of the xʷməθkʷəy̍əm (Musqueam), Səl̓íl̓wətaʔ (Tsleil-Watuth), Stó:lō, Shíshálh (Sechelt) and Skwxwú7mesh (Squamish) Nations of the Coast Salish peoples.*

# Welcome to CampOUT!

Hello Campers! Thank you for being here— we are excited to share this experience with you!

This is a guide to help you navigate and prepare for the camping experience. Please take time to read the information on the following pages. This program includes information about CampOUT! workshops, our community's gender inclusive approach, our non-negotiable rules, our Community and Participation Agreements, and our camp schedule.

**Who's Who...** There is a large group of amazing individuals who are coming together to make camp happen!

## The CampOUT! Leadership Team is:

Camp Director: Anna White  
Backstage Buddy: Ivan Leonce  
Camp Aunty: Jeremy Jones  
Camp Assistant: Michael Jin

## Care Team:

shishalh Elder: Gertie Pierre  
Camp Care Bears/Mental Health Workers: Sam Kaplan, Stacy Wood, Tiff Wu  
Camp Nurse: Amanda Pheaney  
Sexual Health Educators: Stevie Thompson & Emily Bailey  
First Aid Scout: Ada Yim  
Lifeguard: Camp Fircom staff

## Cabin Leaders:

Aaron Cheung, Meika Johnson, Danny Lybbert, Evangelina Schultz, Elliot Hodges,  
Kit/Seb Pacilla, Jason/JB Bigelow, Jess Thompson, Rachel McGown

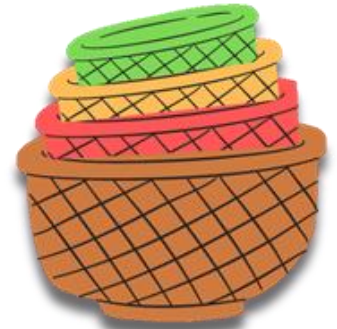
## Community Mentors:

Axel McGown, Elise Barber, Jessica Giang,  
Laura Gaaysiigad Cuthbert, Sam Stouten, Shazad Shah

# Your Guide to CampOUT!

**Our vision** is a community where:

- Each person's individual journey is affirmed
- Concepts of "normalcy" are challenged
- All forms of diversity are celebrated
- Learning happens in non-traditional (and fun!) ways.
- We commit to take home our learnings to our home communities
- Many kinds of leadership are explored, encouraged, and developed
- Friendships are fostered
- Personal growth is supported
- We are agents of change



## **Goals for CampOUT!**

- 1 Create a space where folks can bring their whole selves
- 2 Cultivate a deeper self-awareness in our leadership practices
- 3 Celebrate and affirm courageous risk taking
- 4 Connect with each other and the land in good ways
- 5 FUN! FUN! FUN!!!!

## **Important: CampOUT! Non-Negotiables\***

In order for current and future participants to access the benefits of this camp, we ask everyone to respect the following five non-negotiable ground rules:

- CampOUT! is a sober space. This means that no drugs or alcohol are permitted at camp.
- CampOUT! is a sex positive, but sex-free environment. No sexual activity will be permitted at camp.
- CampOUT! will not tolerate harmful, disrespectful, or inappropriate behaviour to self, others, or the site.
- CampOUT! participants will respect the agreed-upon quiet hour & bedtime.
- CampOUT! participants and staff will respect the facility and rules of our host Camp Fircom.

*\*Anyone who breaks one of these ground rules may be sent home. Please talk to the Camp Director or Care Team if you need support around one of these.*

## **CampOUT! Theme:** Cecuwatul

The theme for our 2022 CampOUT! is Cecuwatul “tse-tsuw-ah-tul,” a Halkomelem word meaning “helping one another/holding each other up.” As we re-open for the first time in three years and amidst a pandemic, our theme invites us into the practice of lifting each other up.

Elder Gertie’s nephew, Rain Pierre, designed our theme logo and said about it:

*“I have chosen the humming bird for this design because it is one of the most unique birds in the animal kingdom. It is unique – just like us walking the path of the 2S people or people that identify with the LGBTQ2S clan. It is the only bird that can fly backwards and retrace it’s journey to decide which direction is best.*

*The hummingbird is leaning on the hand to show that we are connected with nature and need mother earth in order to walk this life together. We are unique, we are special and we have the power to lift each other up.*

*The hand reflects our power to hold each other up on our journeys and to push each other to be comfortable being ourselves. I incorporated the pride colours to brighten up the piece in hopes to inspire others to be comfortable with themselves and continue to inspire others to love who they are.”*

— rain pierre (stəməxʷ), theme logo artist



# **CampOUT! Participation Agreements**

- I accept responsibility for taking care of my health and wellness by getting adequate sleep and nourishment.
- I commit to full participation in all camp programming to the best of my ability.
- I commit to using my creativity and the resources provided to participate adjacently when I need a bit more space to take care of myself.
- I will keep all personal electronic usage to a minimum in order to participate fully in the camp experience.
- I am aware that I will be assigned a cabin and leader according to my age.
- I am aware that cabins and washrooms will be inclusive of all genders.
- I am aware that there are additional Covid-19 practices in place (see pg.8)
- I will inform my leader, the Care Team, or the Camp Director about any problems/issues that may arise for me at camp.
- I understand that I will not be permitted to leave the camp for any non - CampOUT! organized recreational purposes.
- I agree to respect the CampOUT! non-negotiable agreements in order to help create an inclusive space for all participants.
- I will abide by the Community Agreements we create together at camp.

## **Gender Inclusivity at CampOUT!**

### **Gender Inclusive cabins, bathrooms, and waterfront!**

Gender inclusivity offers us ways to engage with one another person to person. At CampOUT! we offer an opportunity to develop mature, communicative, and respectful relationships with one another across all genders identities!

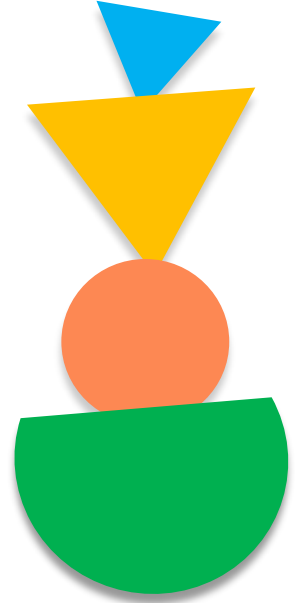
We organize **sleeping arrangements** by age groups rather than gender experience. Our bathrooms and cabins are gender inclusive. Privacy needs do not depend on our gender identity!

There are **bathrooms** in a central location, and all showers and toilet stalls are private. Cabins can set up change rooms in their cabins for additional privacy. There will be opportunities to talk about this gender inclusive approach in more detail at camp.

In solidarity with cis women and trans folks, everyone wears tops at camp for sports and **swimming**. Please bring a shirt you feel comfy in for this, and we will have a customizing shirt/decorating station!

## **Navigating Social Media at Camp**

- **An opportunity to relax your phone use:** Camp is a nice place to put down your phone and enjoy spending time with new and old friends, exploring, learning, and experiencing nature. Challenge yourself to go 3 or 4 days without texting!
- **No Wi-Fi:** let your friends and family know you probably won't be posting much while you're away. There is no service at the camp.
- **Be Respectful:** bring earphones if you need to listen to music to fall asleep and turn off your screen.
- **Ask Consent:** Always ask people if you can take their picture, if it's alright for you to post that picture, and if you can tag them.
- **Practice presence:** community building can be an intense experience that is hard to describe to others. Stay in the moment and wait until you get home before sharing pictures or stories. This will allow you to really reflect on your experience.
- **Ask us if you have needs:** The camp staff can send an email to parents/caregivers to let them know you have arrived safely and are enjoying yourself. They will worry a lot less if they receive a quick but official message from us.
- **Check out the Library Space:** Curious about something you learned in another workshop? Looking for stories that reflect your experiences? Want to share your own learnings and stories with others? Just need to stick your nose in a book to recharge? Want to (re-)experience the Big Feels of children's books? Stop by the library space and see if there's something that resonates with you



# Strategies for Self-Care at Camp & Beyond!

1. **Do art** – pencil drawings, paint, sculpt, anything you enjoy.
2. **Curl up** on a couch with a book from the CampOUT! library.
3. **Write** – keep a journal with poetry, art, and thoughts which help to process and release strong feelings.
4. **Humor** – read a funny book, watch a comedy, or listen to a podcast.
5. **Cuddle** something – like a blanket, pillows, or a favorite stuffed toy.
6. **Exercise** – walk, go dancing, or try yoga.
7. **Recall what positive coping strategies have been helpful before.** Put them in your phone, with a daily alarm to remind you to use them.
8. **Do things as it feels OK**, and feel empowered to say “no” if it feels like too much.
9. **Check in with a safe person** at camp when you need to talk.
10. **Relaxation techniques** – such as focusing on your breathing or visualization (thinking about a magical place that makes you happy).
11. **Sleep!** Come to camp well rested and take advantage of quiet hours to recharge with the wonders of sleeping!



# **CampOUT! COVID-19 safety protocols and procedures:**

## **Vaccines**

- We will require all campers and leaders to be fully vaccinated against COVID-19 at weeks two weeks before camp - including 2 shots and one or more boosters available as of June 2022. Everyone will be asked to upload a copy of vaccine cards as part of registration.

## **The Camp**

- Cabins will have max 12 people instead of max 16 people.
- Most whole group programming will be held outdoors.
- Cabins 1&2 will use Jubilee Hall South washrooms. Cabins 3, 4, & 5 will use Jubilee Hall North Washrooms
- Care Team will use First Aid Station washroom when working at Care Cabin
- A tenting option will be available and be supported by a CampOUT! tenting leader

## **Your part**

- Masks will be required on the water taxi, in indoor program spaces and washrooms if not brushing teeth/washing face/showering.
- We know that the longer we are inside without masks on, the higher chance of spreading Covid. We will prioritize eating and sleeping as the only indoor activities without masks.
- Meals will be eaten in cabin groupings
- If a camper or leader gets symptoms during camp, they will report to the care cabin for testing and sleep in the isolation room in the First Aid Station while we arrange a boat for them to return home.
  - If this happens, the cabin group would act on scientific evidence and spend more time outside together and take their meals outside.
- All participants, including leaders, will be asked to stay at home if they develop symptoms or test positive in the days before CampOUT.

## **What we'll provide**

- CampOUT! will provide medical grade masks for participants
- CampOUT! will have rapid test kits for participants to take home with if needed.
- Cabins will be provided with hand sanitizer for each cabin entry way and sanitizing wipes to clean door handles/window handles/bunks as needed.

*Learn more at [campout.ubc.ca/covid-safety](https://campout.ubc.ca/covid-safety)*



# Community Celebration

On Saturday evening, we will have the CampOUT! Community Celebration! This is an opportunity for campers and cabins to get creative and “come out” as creative and courageous by sharing some of your unique skills, abilities, jokes, talents, stories, poetry, drag performances, tap dancing, acting abilities, or any other entertaining, inspiring, or thought-provoking tidbits that folks would like to put together for the showcase! Try some collaboration! Take a deep breath, ask your leader or a new friend for the support you need to share a bit of your unique self, and have a blast with this great opportunity! **Remember to sign up in the first couple of days of camp!**

## Workshops



Here are the Programming Streams at CampOUT! this year:

- 1. Leadership & Allyship:** Practical and creative skill development for facilitation, and cultivating inclusive spaces & community involvement. There are lots of ways to ‘lead’!
- 2. Arts & Campy:** creative thinking and doing opportunities for all kinds of curious and creative creatures!
- 4. Outdoorsy & Land-Based Activities:** Swimming, hiking, paddling, nature walks, archery, campfires, and more, oh my!
- 3. Wellness:** Gain & share tools, skills, knowledge, and resources for self-care, community-care, and responsible sexual practices. Yeah!



## Leadership & Allyship Workshops



### **Let's Get Messy!** – with Elise

This will be a playful, fun, hilarious and MESSY space to let go of perfection, and expectations that get in the way of us living our best lives! Let's embrace the messiness of life and embody it through some silly competitions with straws, paint and pudding. Wear something you're okay getting some paint on, pack your creativity and laughter, and leave perfection at the door. Be ready to get messy!

### **Collaborative Tarpology** – with JB

Come learn some camp craft with renowned forest gay JB! Rain is rad, but sometimes staying dry keeps us comfortable and safe. Wind is wonderful, and sheltering ourselves from it can get us through the night. Sun is super, and creating shade can allow us to enjoy it while having a place to take a break. In this workshop you will learn two basic knots and practice putting up a tarp as a team. Practical and fabulous.

### **Taking Care of Communities, Taking Care of Ourselves** – with Stevie & Emily of YouthCO

Learn the basics of harm reduction with YouthCO! In this workshop we will discuss why we may choose to or not to use substances, how we can keep ourselves and our communities as safe as possible when it comes to substance use, and how to respond to a potential overdose.

## Campy Artsy Workshops



### **Intuitive Astrology: Connecting with the Planets** – with Axel

Let's Do you love to geek out on the stars? Is there something about your sun sign that really gets you? Or some way you just can't relate? This workshop will be a creative exploration into western astrology, for all levels of knowledge and experience. We'll use meditation, conversation, and art to open our body/minds to the language of the planets. Whether you're tracking the moon every day or can't tell Leo from Libra, you're welcome to come explore astrology as a tool for self-love.

**Balloon Twisting** – *with Laura Gaaysiigaad*

Sometimes the way we lift one another up is just being goofy! Come joke with me as we make swords, flowers, and learn some balloon twisting basics and share some of the silliness that comes with good art and good friends.

**The Affirmation Station:** *with Elise*

Join us for some quiet crafty time writing and drawing kind messages to put in people's Happy Note Envelopes!

*Outdoorsy & Land-Based Workshops*



**Into the Woods** – *with Ada*

There are several trails for us to explore! We can take a scenic walk to the gazebo (~30min.) that over looks into the beautiful and vast ocean. We can find our way to Gallery Bay Lookout that takes 1 hour of forest fun and adventure. We'll be able to catch our breath on the beach and take in the beautiful views. If everyone feels even more adventurous and want to spend more time hiking, we can make our way to Halkett Bay! This hike will take around 1 - 2 hours. Along the way, we'll crisscross meandering creeks, pass by beautiful old maple tree groves, and have some great conversations and laughs too!

**Paddle boarding** – *with Stacy and Camp Fircom staff*

Stand up paddle boarding is kind of like canoeing on a surfboard. After a quick lesson on the basics of standing up, staying up, and paddling, we'll be able to explore Halkett Bay and play some fun games on the water. Kneeling on the paddleboard is okay too! Space is limited to 14 paddlers per session.

**Archery** – *with Camp Fircom staff*

Whether you are keen to practice precision skills for survival in the wild, or increase your odds in the Hunger Games, or just have some campy fun... Join us for an archery session friendly to all skill levels. Even if you've never picked up a bow!



### **Sexual Wellbeing** – *with Emily & Stevie of YouthCO*

In this workshop we will be focusing on our relationship to boundaries and the many different types of pleasures that fill our lives as QT youth! What is a boundary? How do we feel it and know that it is the one we want to choose for ourselves? How can our boundaries move and change with us as we grow and how can we build our relationship to pleasure in ways that nourish and support us with sex and drugs and all the different ways we can bring pleasure into our lives?  
tbd

### **Bannock Making** – *with Laura Gaaysiigaad*

Chomp, bite, and savour the history and flavour of bannock. Together, we will make homemade fry bread. While we stir it up we will talk about the power of lifting ourselves up when there is no yeast. The power of making things work when you don't have much to give. And the power of sharing good stories and good food with the ones we love.

### **Fun with feelings** – *with Shazad and Elise*

Feelings are feelings that need to be felt (say that 5 times fast!). Feelings should be expressed, shared, explored and experienced! The past couple of years, we have been in our own feelings and not much holding and creating space for the feelings of others. This workshop is all about that- getting to know the different ways we express our feelings to others and how we walk with what others are going through. Join us for some fun times exploring feelings and how we express them!

### **Trans Community Space** – *Stacy & friends*

Being trans is awesome but it doesn't always feel that way. In this trans-exclusive group space, folks are encouraged to both share with and listen to each other, as we discuss our various life and gender journeys. The space is a judgement-free zone, and anyone who identifies as trans, non-binary, two-spirit, or intersex, whatever that means to you, is welcome to participate. We'll also have makeup and nail polish to play with, along with some binders to try on :)

*\*this session will happen outside of workshops so anyone who identifies as trans can attend without workshop schedule conflicts!*



## Affinity Groups

### **BIPOC Affinity Space** (*Black, Indigenous, Mixed race, & People of Colour*)

Forest walks! Cultural talks! Food, art, games, stories and music for the soul. This is a space for campers who are Indigenous, Black, mixed race or a person of colour to come together and connect through our unique and shared relationships to culture, race, community, land and place.

### **Witnessing Whiteness Affinity Space** (*white settlers & multiracial white folks*)

Do you have white ancestors that settled here in Canada? As we work towards Anti-racism and decolonizing at camp and back home, we are creating this space for all us white folk to learn and reflect on how whiteness can get in the way of creating truly inclusive queer & trans spaces. Through story and conversation, we will explore some of the ways racism and whiteness impact and harm the Black, Indigenous, and People of Colour in our 2SLGBTQ+ communities and beyond. Whether you are new to this journey or have been unpacking your white privilege for a while now, it'll be a chance for us to figure out some practical ways to move the dial on our allyship/accomplice work and learn more about how we as white people can show up for each other and racialized people in our lives.

## Free Time Activities

**Widgames with Jess!** – Itching to get your body moving? Come out to the field and play with me and others!! We'll play such games as Duck! Duck! Goose!, Sharks and Minnows, Red Light Green Light (like in Squid Game, but minus the robot :P ), and we can even do more chill games like Werewolf. And things aren't set in stone, if you have a wide/field game you're really wanting to play, let me know! I'm all ears! :D

**Early-bird Ocean Dip!** Start the day with a stroll down to Canoe Cove and whether you decide to swim, or just dip a toe, it's a pretty lovely way to start the day.

**Grounding with Shaz** - Come out to enjoy the peaceful quiet before your adventurous day with some morning easy movement while listening to the ocean waves and chatty birds. All bodies and abilities are welcome to experience the joy of connecting to the earth and sky. Another great way to center the mind for the day ahead.

**Happy Note Envelopes** – Whether it be sharing a picture, a drawing, a scribble, a word, a quote, a phrase...these are all ways that we can remind someone of all the ways they are awesome! Join us anytime in the arts and crafts room (or pick-up

supplies to take on the move with you), and practice the art of cultivating connections by making happy notes for people in our camp community! Everyone will go home with some kind caring messages of affirmation.

## **2022 CampOUT! Schedule**



### **Day 1** **(Thursday June 30)**

9:30 – 10:30 AM	Check in @ Horseshoe Bay
11 AM	Load Water Taxi and depart for camp!
<b>11:30 – 12:15 PM</b>	<b>Arriving at Camp!</b>
<b>12:15 – 1</b>	<b>Meet your Cabin Mates!</b> <i>Names, pronouns, choose a bunk. Bring any meds to care cabin.</i>
<b>1:00</b>	<b>LUNCH! &amp; Land Acknowledgement</b>
<b>1:45 – 2:15</b>	<b>Cabin Time:</b> <i>Finish setting up your sleeping area</i>
<b>2:30 – 4:15</b>	<b>Welcome to CampOUT!</b> (@ Picnic Shelter) <i>Camp wide introductions, Theme intro, Community Agreements, Games</i>
<b>4:15</b>	<b>SNACK BREAK</b>
<b>4:30</b>	<b>Where are all the things? A Campy Site Tour</b>
<b>6:00</b>	<b>DINNER</b> ( <i>&amp; Leadership half-team Meeting</i> )
<b>6:30 – 7:30</b>	<b>Free time &amp; optional activities:</b> <i>Setting up tents - with Jason</i> <i>Widegames - with Jess G.</i> <i>Forest Movement &amp; Meditation - with Shaz</i> <i>Chilling adjacent to the Action - with Aaron</i>
<b>7:30 8:30 PM</b>	<b>CAMP-WIDE SESSION: Personal Baskets</b> ( <i>Picnic Shelter</i> )
<b>10:00 PM</b>	<b>Campfire</b>

<b>10:30 PM</b>	Cabin time: Check-out & Workshop/Activity Sign up time!
<b>10:30 PM</b>	Quiet time
<b>11:00 PM</b>	Lights out!

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## Day 2

(Friday July 1<sup>st</sup>)

7:00 AM	Sleeping, resting, or waking!
7:30	<i>Optional Activities: Early bird ocean dip / Grounding with Shaz</i>
<b>8:30</b>	<b>BREAKFAST</b>
9:15	Cabin Check-in ( <i>where will you be this morning? which sessions?</i> )
<b>9:30 – 10</b>	<b>CAMP WIDE GATHERING</b> ( <i>picnic Shelter</i> )
<b>10:15-11:15</b>	<b>Workshops</b>  Leadership & Allyship stream <ul style="list-style-type: none"> <li>• <b><i>Let's get Messy! - with Elise</i></b></li> </ul> Campy Arts stream <ul style="list-style-type: none"> <li>• <b><i>Intuitive Astrology – with Axel</i></b></li> </ul> Outdoors stream <ul style="list-style-type: none"> <li>• <b><i>Hike- with Ada</i></b></li> </ul> Wellness stream <ul style="list-style-type: none"> <li>• <b><i>Sexual Wellbeing– with Stevie &amp; Emily (YouthCO)</i></b></li> </ul>
11:15 – 11:45	<i>Transition time to next workshops!</i>
<b>11:45-12:45</b>	<b>Workshops</b>  Leadership & Allyship stream <ul style="list-style-type: none"> <li>• <b><i>Taking Care of Communities, Taking Care of Ourselves - with Stevie &amp; Emily (YouthCO)</i></b></li> </ul> Campy Arts stream <ul style="list-style-type: none"> <li>• <b><i>The Affirmation Station – with Elise</i></b></li> </ul> Outdoors stream <ul style="list-style-type: none"> <li>• <b><i>Paddle boarding - with Stacy and Camp Fircom Staff</i></b></li> </ul> Wellness stream <ul style="list-style-type: none"> <li>• <b><i>Bannock Making - with Laura Gaaysiigaad</i></b></li> </ul>



## Day 2 continued...

(Friday July 1<sup>st</sup>)

<b>12:30 – 1:00</b>	<b>FREE TIME</b>
<b>1:00-1:45</b>	<b>LUNCH</b> – ( <i>Leadership half-team Meeting (1:15 – 1:45)</i> )
<b>2:00 -2:45</b>	<b>FREE TIME:</b> dress-up, crafts, napping, celebration sign up, sports etc.
<b>3:00</b>	<b>CAMP WIDE SESSION: Family Baskets</b> (gather @picnic shelter)
<b>3:30 – 4:30</b>	<b>Affinity Groups:</b>  <b><i>BIPOC Affinity Space</i></b> ( <i>Black, Indigenous, Mixed race folks &amp; People of Colour</i> )  <b><i>White Affinity Space</i></b> ( <i>White settlers &amp; multiracial white folks</i> )
<b>4:45 PM</b>	<b>SNACKS @ Picnic Shelter</b>
<b>5 -5:45 PM</b>	<b>The Stone Ceremony</b>
<b>6:00 PM</b>	<b>DINNER</b>
<b>8:30</b>	<b>OPEN Water Front, Free time</b> , optional activities, wide game, crafts,
<b>8:30</b>	<b>Campfire</b>
<b>9:30-10:30 PM</b>	Cabin time & morning session sign-up
<b>10:30 PM</b>	Quiet time
<b>11:00 PM</b>	Lights out! Screens off!



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## Day 3

(Saturday July 2<sup>nd</sup>)

<b>7:00 AM</b>	Sleeping, resting, or waking!
<b>7:30</b>	<i>Optional Activities: Early bird ocean dip / Grounding with Shaz</i>
<b>8:00</b>	Wake up: Cabin tidy-up, personal care, get ready for the day!
<b>8:30</b>	<b>BREAKFAST</b>



9:15 Cabin Check-in re: sign-ups for workshops and Celebration

**10:00 – 10:30 CAMP-WIDE SESSION: Community Baskets**

**10:45 -11:45 Workshops**

Leadership & Allyship stream

- ***Collaborative Tarpology - with Jason***

Campy Arts stream

- ***Balloon Twisting - with Laura Gaaysiigaad***

Outdoors Stream

- ***Archery – with Camp Fircom Staff***

- ***Canoeing/Paddleboarding and or Hike overflow sessions!***

Wellness stream

- ***Fun with Feelings – with Shaz & Elise***

**11:45 – 12:45 Trans Community Space**

**11:45 – 12:45 Free time & Optional Activities:**

\_\_\_\_\_ & \_\_\_\_\_ & \_\_\_\_\_



**1:00-1:45 LUNCH**

**1:45-2:45 Q&A – Let's talk about Sex & Relationships!**

3:00-3:30 Optional continuation of Q&A / wide games / arts & crafts / rest time

**3:30 FREE TIME –**

***Open Waterfront / Cabin Celebration preparations /Happy Notes!***

**4:30-4:45 SNACK**

4:45-5:45 Celebration rehearsal in Jubilee Hall, happy notes, free time

***Leadership half-team meeting***

**6:00-7:00 DINNER**

7:00-7:30 Community Celebration prep

## Day 3 continued...

(Saturday July 2<sup>nd</sup>)

**7:30-9:30**      **Community Celebration!!!**

**9:30-10:30**      **DANCE!!! / Arts & Crafts / Happy Notes**

*(Community Fun times in the Picnic Shelter)*

10:15 PM      Happy Envelopes are closed 😊

10:30 PM      Stargazing or Night Walk

11:00 PM      Cabin Time

11:30 PM      Lights out! Screens Off!

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## Day 4

(Sunday July 3<sup>rd</sup>)

7:30 AM      Wake-up & pack-up

8:00-9:00      Cabin & camp clean-up

**9:00-9:45**      **BREAKFAST**

10:00-10:15      GROUP PHOTO! (& Lost & found)

10:15-11:00      Cabin circle & camp evaluations

**11:00-12:00**      **CampOUT! Closing Circle**

12:15 -12:45      LUNCH

1:00      Walk to dock

1:30      Boats depart Gambier Island

2:00      Arrival in Horseshoe Bay

2:30 onwards      Read your happy notes, reach out to your new connections, keep nurturing these friendships, and remember how awesome you are! 🌈 🍷 🌟



**Notes:**

**Name:**

**Cabin #:**



[campout.ubc.ca](http://campout.ubc.ca)